



## SAILING INSTRUCTION

The Norfolk Broads School of Sailing is the RYA Training Centre at Upton Yacht Station and provides sailing instruction for Eastwood Whelpton, ranging from brief introductions for experienced sailors to full RYA courses.



Sailors with some previous experience should have little difficulty handling the Bermudan rigged yachts from the fleet after the comprehensive handover in the yard, including how to rig the yacht and lower the mast. For those who have not sailed on the Broads before, introductory instruction can be booked on the first afternoon of a holiday, with a 2 hour sail on the river to demonstrate basic sailing manoeuvres and handling under engine.

The range of formal RYA courses which the school provides includes a Start Sailing course for beginners, which can be taken aboard one of the simpler yachts from the fleet during a short break or the first four days of a week's holiday. The Basic Skills module is the next step and can be added to the Start Sailing module on a full week course. Experienced sailors, even those who have previously sailed on the Broads, can learn and develop new skills on the more advanced yachts with day sailing and Seamanship courses. All these courses are extensively practical,



including an element covering specific Broads sailing skills, and are run under the authority of the Royal Yachting Association. Successful candidates will receive the appropriate certificates.

A weekend 'Pre-flotilla' course is available. This course will build confidence for handling a small yacht on one of the popular Mediterranean flotillas. Basic sailing skills are included together with navigation, chart work and meteorology.



Through all the courses you will cruise along the rivers and Broads, meeting your instructor each morning at a different venue. Our instructors all have formal RYA qualifications as well as many years of Broads sailing experience and they can give you guidance on the best places to visit, explain all about the history of sailing on the Broads and tell you about the wildlife. The courses are run at a relaxed pace, allowing plenty of time for free sailing and enjoying the Broads experience.

### For 2012 the school is offering the following courses

**Foundation Skills:** Start Sailing Level 1  
Basic Skills Level 2  
Improver Level 3

**Development Courses:** Seamanship Skills  
Day Sailing

### Pre-Flotilla Training

Full details of the content of the courses are available from the Sailing School Office – phone 07796 974050 – or on the website [www.norfolksailingschool.co.uk](http://www.norfolksailingschool.co.uk)

I had heard of sailing on the Norfolk Broads. I thought how flat, how dull. How wrong I was! If the Broads themselves had been made specially for small boats, and people like us who want to sail them, I for one could not have bettered the design.

There is magic on a Broads sailing boat. A special friendliness as you step aboard; a bond as your holiday goes on. Yachts have a feel of their own, they respond as the wind fills the sails to send you dashing across an open broad or nudge you gently up winding rivers.

Listen to the silence and observe the wildlife almost oblivious to your passing; sailing here is about the sound of water and discovering the quiet beauty of the Broads.



Created from Mediaeval peat diggings which rising sea levels have flooded, the Broads include not just the lakes themselves but also the rivers, dykes and cuts that connect them: nearly 140 miles of slow flowing, easy going waters, ideal for cruising under sail.

This is sailing on the Broads - experienced or novice, with family or friends - a holiday that

blends independence and as much excitement as you choose, with relaxation and achievement.

Anne welcomes your enquiry. Rowing / Sailing dinghies and outside car parking are available. There is no charge for car parking, fuel or diver insurance. Please ring at any time if you have any queries regarding any of the boats. We hope to see you on one of our yachts this year.



## Eastwood Whelpton Ltd.

Boat Builders and Hirers

1959- 2012  
54th Season

Upton Yacht Station,  
Upton, Norwich, Norfolk NR13 6BL

Telephone (01493) 750430

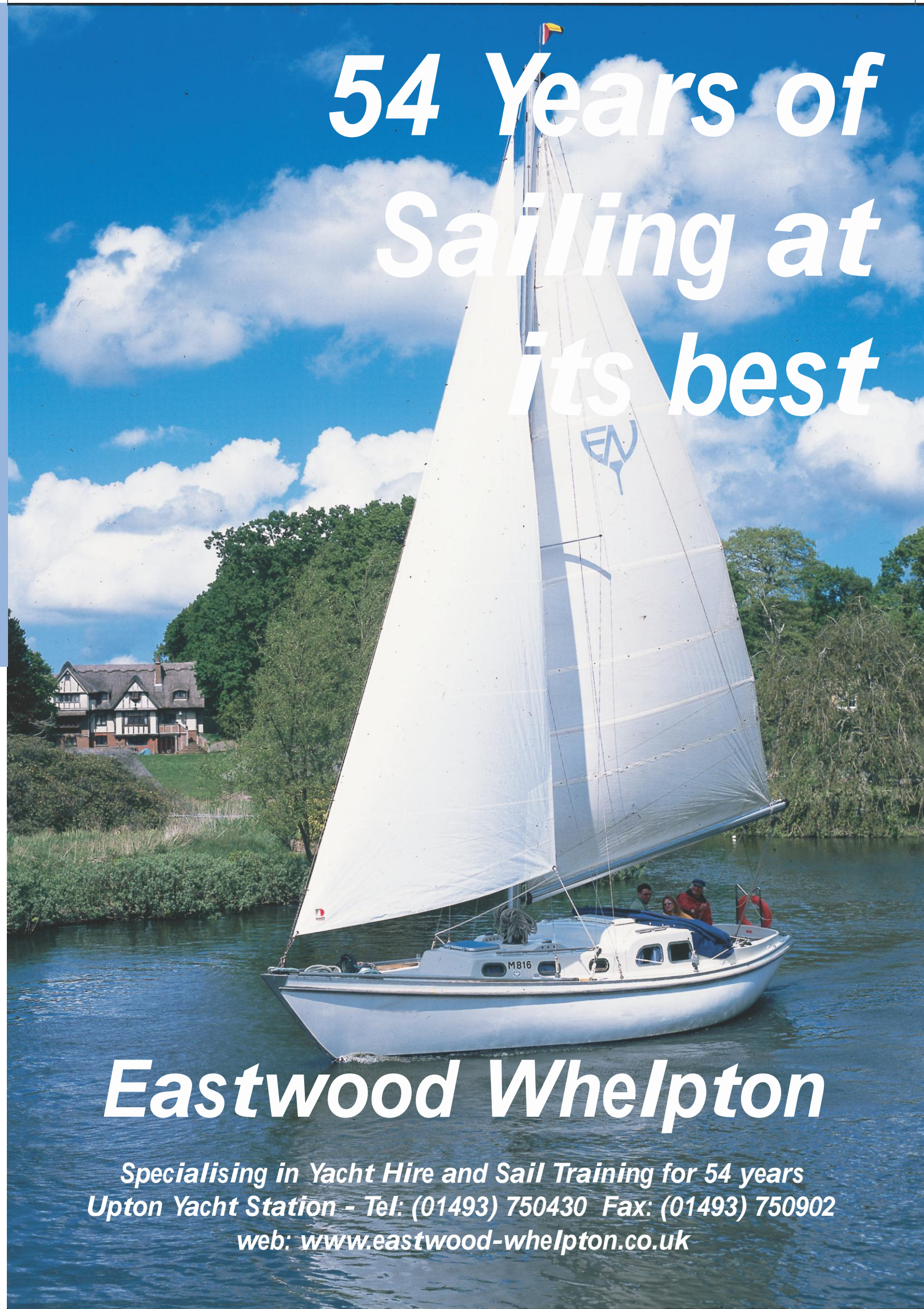
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web: [www.eastwood-whelpton.co.uk](http://www.eastwood-whelpton.co.uk)

e-mail: [eastwoodwhelpton@btconnect.com](mailto:eastwoodwhelpton@btconnect.com)



# 54 Years of Sailing at its best



## Eastwood Whelpton

Specialising in Yacht Hire and Sail Training for 54 years  
Upton Yacht Station - Tel: (01493) 750430 Fax: (01493) 750902  
web: [www.eastwood-whelpton.co.uk](http://www.eastwood-whelpton.co.uk)



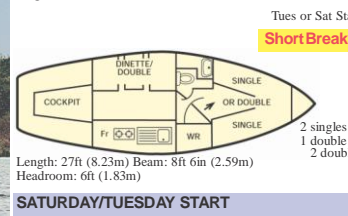
**Hurricane CLASS**  
Sleeps 2 to 4



**Hurricane, Tornado**  
Well equipped and maintained cruising yachts, ideal for both beginners and experienced sailors

- \* Spacious self-draining cockpit enclosed by folding hood
- \* Roomy accommodation
- \* Hot and cold water
- \* Two burner cooker, grill and oven
- \* Dralon upholstery
- \* Duvelts \* Gas heater in saloon \* Fridge

Rig: Bermudian sloop with large and small jibs. Furling jib. Winch lowered mast. Engine: Yanmar diesel



Tues or Sat Start  
Short Breaks

2 singles & 1 double or 2 doubles

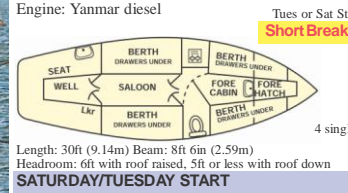
**Bootlegger**  
Sleeps 4



**Fast and very powerful vintage yacht for experienced sailors, equipped and maintained to a high standard**

- \* Roomy accommodation
- \* Dralon upholstery
- \* Fridge
- \* Gas heating
- \* Two burner cooker grill and oven
- \* Razor point
- \* Duvelts

Rig: Gaff sloop with furling jib, bowsprit and large and small jib. Engine: Yanmar diesel



Tues or Sat Start  
Short Breaks

4 singles

**Sleeps 4**

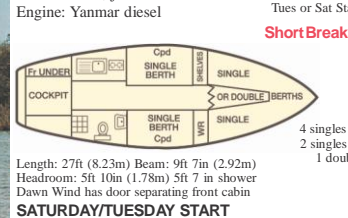
**CLASS**



**Dawn Wind, Fair Wind**  
Elegant, easily handled modern cruising yacht; built, fitted and maintained to a high standard

- \* Roomy saloon with attractive teak finish
- \* Spacious cockpit with sprayhood
- \* Dralon upholstery \* hot and cold water
- \* Shower toilet and vanity unit \* Duvelts
- \* Two burner cooker grill and oven \* fridge
- \* Razor point \* Gas heater in saloon

Rig: Bermudian sloop, roller furling jib, winch lowered mast, jib sheet winches. Engine: Yanmar diesel



Tues or Sat Start  
Short Breaks

4 singles or 2 singles & 1 double

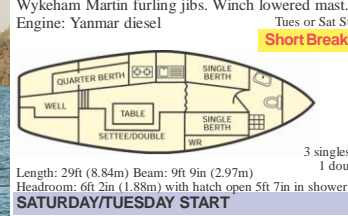
**Trade Wind CLASS**  
Sleeps 3 to 5



**Trade Wind, Tropical Wind**  
Well designed and equipped cruising yacht offering maximum comfort and sailing quality for both beginners and experienced sailors

- \* Roomy accommodation
- \* Spacious cockpit with folding hood
- \* Dralon upholstery \* Shower \* Hot water
- \* Fridge \* Razor point
- \* Two burner cooker, grill and oven
- \* Gas heater in saloon \* Duvelts

Rig: Bermudian sloop with large, medium and small Wykeham Martin furling jibs. Winch lowered mast. Engine: Yanmar diesel



Tues or Sat Start  
Short Breaks

3 singles & 1 double

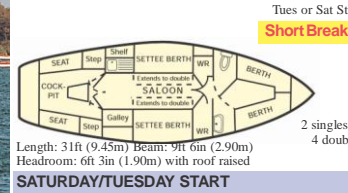
**Spindrift**  
Sleeps 4 TO 6



**Spacious easily handled yacht for all classes of sailor; equipped and maintained to a high standard**

- \* Flush wide deck and large cockpit
- \* Spacious full width saloon
- \* Hot water
- \* Fridge
- \* Razor point
- \* Two burner cooker, grill and oven
- \* Gas heater in saloon \* Duvelts

Rig: Bermudian sloop with furling jibs. Winch lowered mast. Fully battened mainsail. Engine: Yanmar diesel



Tues or Sat Start  
Short Breaks

2 singles & 4 doubles

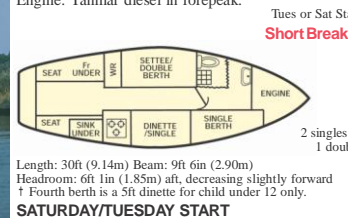
**Sleeps 2 to 4 †**



**Traditional styled fast elegant yacht, appreciated by experienced sailors**

- \* Fibreglass hull and wooden superstructure
- \* Spacious interior with large cockpit and ample storage space \* Duvelts
- \* Easily handled by two people
- \* Two burner cooker, grill and oven
- \* hot water \* Shower (6ft headroom) \* Gas heater
- \* Fridge box \* Razor point \* Dralon upholstery.

Rig: Gaff with furling jib, counter balanced mast. Engine: Yanmar diesel in forepeak.



Tues or Sat Start  
Short Breaks

2 singles & 1 double

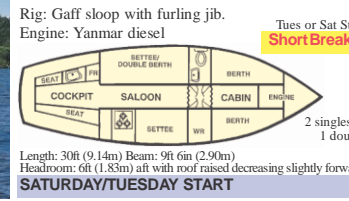
**Windjammer**  
Sleeps 4



**Fast, elegant yacht for experienced sailors and connoisseurs who will appreciate the superb sailing and comfortable interior**  
Built on traditional lines to the highest standards with fibreglass hull, wooden cabin sides and cockpit

- \* Dralon upholstery
- \* Hot water
- \* Duvelts
- \* Two burner cooker grill and oven
- \* Fridge
- \* Razor point
- \* Gas heater in saloon.

Rig: Gaff sloop with furling jib.  
Engine: Yanmar diesel



Tues or Sat Start  
Short Breaks

2 singles & 1 double

**High Sea CLASS**  
Sleeps 4 to 6

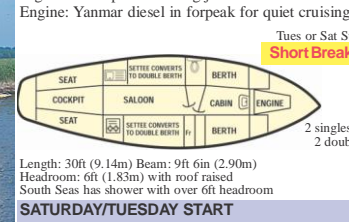


**High Seas, Seven Seas, South Seas**  
Fast elegant yachts will be fully appreciated by the experienced desiring the best in Broads sailing

Fibreglass hull and traditional wooden superstructure

- \* Spacious light interior
- \* Hot water \* Fridge
- \* Razor point
- \* Two burner cooker, grill and oven
- \* Gas heater in saloon \* Duvelts
- \* Dralon upholstery

Rig: Gaff sloop with furling jib.  
Engine: Yanmar diesel in forepeak for quiet cruising



Tues or Sat Start  
Short Breaks

2 singles & 2 doubles

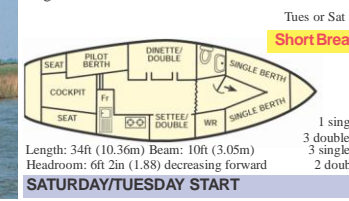
**Tempest CLASS**  
Sleeps 5 to 7



**Tempest, Typhoon**  
Well designed and equipped cruising yacht offering maximum comfort and sailing quality for both beginners and experienced sailors

- \* Equipped and maintained to a high standard
- \* Large saloon with fixed roof for full headroom
- \* Self draining cockpit with sprayhood
- \* Hot water \* Fridge \* Shower
- \* Two burner cooker, grill and oven
- \* Razor point \* Gas heater in saloon
- \* Duvelts \* Dralon upholstery

Rig: Bermudian mast head sloop, winch lowered mast. Fully battened mainsail, Furling jib.  
Engine: Yanmar diesel



Tues or Sat Start  
Short Breaks

1 single & 3 doubles or 3 singles & 2 doubles

**Leda**  
Sleeps 4

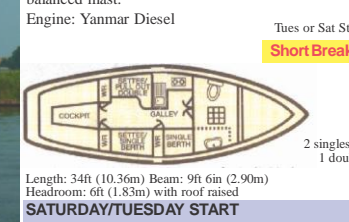


**Superb traditional yacht with dual focus on excellent sailing performance and comfort. She will be fully appreciated by the experienced desiring the very best in Broads sailing.**

Excellent accommodation, including galley, shower and toilet compartment

- \* Warm Air Heating
- \* Hot Water
- \* Fridge
- \* Duvelts

Rig: Gaff sloop with furling jib and counter balanced mast.  
Engine: Yanmar Diesel



Tues or Sat Start  
Short Breaks

2 singles & 1 double

Upton Yacht Station is situated in the heart of Broadland's best sailing area, a perfect location to set sail in any direction you choose, along rivers with virtually no trees to restrict sailing breezes.

Sailing holidays on the Broads have been a traditional part of British life since the turn of the 20<sup>th</sup> century - and are still unique and unrivalled.

Of course, you have an engine if you want it, so you can easily dip into the real world of Broad-side shops, pubs and fascinating ports of call. But before long you'll probably want to slip quietly away to your own evening haven.

A meal at anchor, a quiet hour as the sun sets and birds settle, a peaceful night and where to sail next to contemplate for the following days.

Sailing yachts is something that, once started, is near impossible to stop. Like all real activities, there is always something more to learn.

For over 50 years Tim and Anne Whelpton and their staff have operated a fine fleet of yachts based at Upton Yacht Station. Since Tim's demise in March 2009 Anne continues to run the yard with her loyal team of staff.

All our yachts have electric fridges that can be left on.

Anne would welcome a phone call to deal with any queries that you might have.

13 - 20 October Barton Charter Yacht Regatta

Run by Eastwood Whelpton and Norfolk Broads Yachting Company Annually in October

There is an opportunity for keen sailors to have four days racing against like minded people on Barton Broad and the chance to attend three social evenings during the week. There is also time to do some exploring on your own before and after the regatta.



**Upton**  
The Heart of the Norfolk Broads